

12U Player/Parent Expectations

Player/Parent Expectations (Practices)

1. Arriving 15 minutes prior to the assigned time for practices is arriving on time. The scheduled time is arriving late. Athletes will need to arrive 15 minutes prior to start stretching, warm up and get prep work done prior to the start of practice.
2. Players are encouraged to ask all questions about the drill, games, practice, etc. Do not ask to get water or go to the bathroom. Just go and hope back into the drill.
3. Players are expected to be at all practices.
 - a. Players will need to notify Coach Cristian if they are not going to be able to make it to practice or will be late prior to the beginning of practice.
 - i. Players can message in Team Reach or Text.
 - ii. Parents are also allowed to inform Coach Cristian.
 - b. Missed Practices will need to be made up prior to the next tournament.
 - i. Players can attend a 14U practice on a different night.
 - ii. Players can schedule a 30-45 min workout before or after practice, or on a different night if needed.
 - iii. Other ways to make up practice can be discussed.
 - c. If practice is not made up before the next tournament, playing time will be affected:
 - i. 1st offense, player will miss the first pool game
 - ii. 2nd offense will miss the first bracket game
 - iii. 3rd offense will miss the first pool game and first bracket game.

******Mental Health is very important to us. We do not want this sport to be an obligation, we want it to become their second home.** Each player will have ONE mental health day. It is a day that they can miss that will not require to be made up. This is a no questions asked situation. Actually, 1 Question, "Are you good?" or "Do you need to talk?"

Player/Parent Expectations (Tournaments/Game days)

1. Arriving 15 minutes prior to assigned time is arriving on time.
2. Players will meet at the front entrance of fields 15 minutes prior to set arrival time to walk in as a united front. (Unless told otherwise)
3. Players will be selected on who carries equipment on tournament days and will change day to day.
4. Players will be responsible for equipment on their days until the last game is played.
5. Players are expected to carry their own equipment after games
6. Players are expected to have water, snacks, and equipment before we start warmups on the field.
7. Players will respect all coaches, umpires and teams when we step on the field.
8. Have respect for the name on your chest and the name on your back. We are not playing for ourselves; we are playing for our teammates. (WE NOT ME)

NO PHONES IN OR AROUND THE DUGOUT DURING GAMES, PRACTICES OR WARMUPS!!!

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1. Parents will act in a professional manner.
 - a. Social Media negativity, drama or talking down about other players, parents or coaches will not be tolerated.
 - b. Yelling or arguing with other Parents, Coaches or umpires will result in your athlete being removed from the lineup.
 - c. Do not coach from the sidelines, there is a difference between coaching and cheering.
 - d. Building trust and confidence is important to us, we will not pull a player in the middle of an inning for making an error. We want them to want the next play to redeem themselves. Players can be removed from the lineup for these reasons.
 - i. Attitude, anger, talking back, crying.
 - ii. If they make multiple errors, not for the errors but for a reset and prevent a quicksand situation.
2. There is a 48-hour rule in place after all events. This prevents us from reacting out of emotion. All coaches are available to approach or call. We love to talk about softball and strategy.
 - a. If you have a complaint, this is the order to go through for resolution.
 - i. Contact your Head coach (Coach Cristian)
 - ii. Contact Coach Kim
 - iii. Contact Coach Lu

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